SMARTER GOALS

Setting SMARTER Goals in 7 Easy Steps

Name	
Goal	
Date	
Reason this goal is important to me	

Step	Concept	Description
I	<u>S</u> pecific	
	Exactly what is it you want to achieve in	
	your business or personal life? A good	
	goal statement explains the what, why,	
	who, where and when of a goal. If your	
	goal statement is vague, you will find it	
	hard to achieve because it will be difficult	
	to define success.	
2	<u>M</u> easurable	
	You must be able to track progress and	
	measure the result of your goal. A good	
	goal statement answers the question, how	
	much or how many. How will I know	
	when I have achieved my goal?	
3	<u>A</u> chievable	
	Your goal must be relevant to your	
	stakeholders, achievable and agreed with	
	them. Examples of people to agree your	
	goal with are your line manager,	
	employees and customers.	
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4	<u>R</u> esults Orientated	
	Your goal should be stretching, but	
	realistic and relevant to you and your	
	company. Make sure the actions you need	
	to take to achieve your goal are things	
	within your control. Is your goal	
	achievable?	
5	<u>T</u> ime-Bound	
	Goals must have a deadline. A good goal	
	statement will answer the question, when	
	will I achieve my goal? Without time	
	limits, it's easy to put goals off and leave	
	them to die. As well as a deadline, it's a	
	good idea to set some short-term	
	milestones along the way to help you	
	measure progress.	
6	<u>E</u> xciting	
	Goals must sit comfortably within your	
	moral compass. Most people resist acting	
	unethically. Set goals that meet a high	
	ethical standard and excite participants to	
	participate.	
7	<u>R</u> ecognized	
	Always write down your goal before you	
	start working towards it. Written goals	
	are visible and have a greater chance of	
	success. Recognizing is necessary for the	
	planning, monitoring and reviewing of	
	progress.	